

*Worship Events in March*  
**St Peter's, Swainsthorpe**

- 4th 9.30am Swainsthorpe Special - Philip Simmons
- 13th 9.30am Holy Communion - Dawn Davidson
- 20th 9.30am Swainsthorpe Special - Lesley Cox
- 27th 9.30am Mothering Sunday Service - Coryn Stanforth

**St Mary's, Newton Flotman**

- 6th 11.00am Holy Communion - Austin Uzoigwe
- 13th 8.00am BCP Holy Communion - Austin Uzoigwe
- 4.00pm ECO Church - Lesley Cox
- 20th 11.00am Holy Communion - Coryn Stanforth
- 27th 9.30am Mothering Sunday Service (with breakfast served from 9am) - Lesley Cox

# Partnership

*The Community Magazine for the Parishes of  
Newton Flotman & Swainsthorpe  
March 2022*

**We meet in the churchyard of St Mary's Church, Newton Flotman or other local venues – see school emails, posters or call 01508 471334**



**Every 2nd Sunday Afternoon - please see calendar for times lasting about an hour**



We enjoy being outside, exploring our natural surroundings and getting creative in simple outdoor projects. We include a short reflection and prayer. We are mindful of keeping our social distance whilst having the opportunity to get involved individually or in household groups. If our amazing world fills you with awe and wonder, come and give us a try!



## Curate's Corner

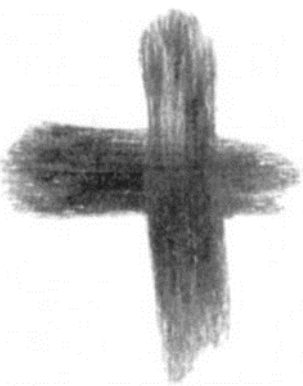
At the time of writing the weather is decidedly chilly and it has been a blessing to be able to curl up in front of the warmth of the open fire in The Rectory. There is rather less pleasure the next morning when it is necessary to clear out the ashen remains from the fireplace.

Ash is part of the beginning of the season of Lent. On Ash Wednesday, which this year is on 2<sup>nd</sup> March, there will be a special service held at Swainsthorpe Church at 7.30pm. Part of that service includes the opportunity to be 'ashed', when the minister places a small cross of ash on your forehead. The ash is traditionally made from the blessed palm crosses from the previous year. (I was rather relieved when I discovered you can buy small containers of palm ash which saves the messy process of making your own).

Ashes are an ancient Christian sign of penitence; from the Middle Ages it became the custom to begin Lent by being marked in ash with the sign of the cross. Penitence is about saying sorry to God for the wrong things we have done. Ash Wednesday, as the first day of Lent, can be seen as a time of turning around. We all fail ourselves, other people and God. Lent can be seen as a time to refocus on God and to begin again.

The six weeks of Lent can be seen as one of prayerful journeying with Jesus towards Jerusalem. It is a time of turning around and beginning again. The route will lead to the waving palms of the people's hope on Palm Sunday, then to the rejection of Jesus to the cross and finally to the empty tomb.

The cross of ash is the beginning of a six-week journey. It is a personal journey turning away from all that we have done wrong and reorienting ourselves, but the journey through Lent is also a communal one. As yet, the cross is far away and the joy of Easter even more distant but the journey begins here. You are welcome to join in any part of this journey. Church services are open to all. You don't need to book beforehand and we will welcome you warmly.



*Rev'd Coryn*



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### Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

**Rev'd Dawn Davidson** (Team Rector),

[dawndavidson@btinternet.com](mailto:dawndavidson@btinternet.com) tel: 498924 The Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

**Rev'd Austin Uzoigwe** (Team Vicar)

[revaustinuzoigwe@aol.com](mailto:revaustinuzoigwe@aol.com) Tel: 01508 470901 The New Rectory, Church Hill, Tasburgh, Norwich, NR15 1NB

**Rev'd Coryn Stanforth** (Team Curate)

[cstanforth@btinternet.com](mailto:cstanforth@btinternet.com) The Rectory, Church Road, Newton Flotman, NR15 1QB

tel: 07436 992347

**Lesley Cox** (Reader) tel: 471334

### Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

**Kirsten Remer** 01508 471580 St Mary's Newton Flotman

**Susan Peters Corbett** 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer

**Andy Haggith** - 01508 470921

For St Mary's, Newton Flotman contact the treasurer **Pavlina**

**Boralieva** 07842 779565, or donate online at:

<https://my.give.net/StMarysFuture>

### Church Room for Hire

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability. You can also check availability by looking at the public calendar on Google Mail. :

[uv6.com\\_cl4d7i04arlc1dtsc4ct13rh74@group.calendar.google.com](mailto:uv6.com_cl4d7i04arlc1dtsc4ct13rh74@group.calendar.google.com)

The next edition of Partnership will be for April. Deadline will be 14th March 2022. Contributions by email to [caroline@uv6.com](mailto:caroline@uv6.com) or call **07855 838553**. The editor reserves the right to edit copy and print as space permits.

## LONG STRATTON MEDICAL PARTNERSHIP

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Tel: 01508 530781

2022 races ahead and as we head into March, I draw my breath remembering March 2020 when the covid -19 pandemic was declared by the WHO. The practice has faced immense challenges in the past 2 years and we have reflected and realised that there have been many positives which we hope to take forward. The practice needs your support as it expands its services to accommodate the increasing practice population that is expected with new housing. The question arises – how can our patients offer support and improve our service? One of the most effective methods is by joining our Patient Participation Group (PPG). Many of you are already aware of our PPG. We do need more members to ensure we have adequate representation of our practice population. Currently there are 11 members in our PPG. Our PPG would benefit from anyone aged 17 – 50 to make the group more representative of our practice population. The only membership requirement is that you are a registered patient at our practice.

**What is a PPG?** A Patient Participation Group (PPG) is a group of patients, carers and GP practice staff who meet to discuss practice issues and patient experience to improve the service.

### Purpose of a PPG:

- To give patients and practice staff the opportunity to meet and discuss topics of mutual interest.
- To provide a means for patients to become more involved and make suggestions about the healthcare services they receive.
- To explore issues from patient complaints and patient surveys, contribute to actions plans and help monitor improvements.
- To contribute feedback to the practice on National Patient Survey results and Friends and Family Test feedback to propose developments or change.
- To support health awareness and patient education

Our practice website gives more information:

<https://www.longstrattonsurgery.nhs.uk/practice-information/long-stratton-newton-flotman-patient-participation-group/>

I do hope that this article will encourage you to join our PPG, especially patients in the 17 – 50 group. As we look forward beyond the pandemic, we want to ensure that the practice gets the best advice and support from an active PPG and thereby improve and expand services.

Stay safe

Mini Nelson.



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## Crafting for a Cause

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If you would like to be involved, either to bring your specialist skill to pass on, or you would like to learn something new then please come along and join us. Call Vicky on 01505 471506 for more information, or just turn up!

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For further information and to register your attendance, please contact either William Ball on 07785 264016 [william@tasvalley.org](mailto:william@tasvalley.org) or David Wharton on 07497 622799 [david.wharton1@btinternet.com](mailto:david.wharton1@btinternet.com)

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## St Mary's Church Newton Flotman Village Plant Sale

With spring just around the corner (we hope) thoughts turn to gardening. As things start to grow we thought it would be good to have a village plant sale. There is an outline plan to hold this on 7th May at the Church. It would be fun to see what others are growing and pick up some new plants. For this to work we would need people from the village to donate plants. So if you are splitting your perennials perhaps you could pot on a few, if you are growing bedding plants plant a few extras - or if you have plants which don't suit your garden don't throw them out but pot them up! We are still working out how this will work - so more details next month.

Richard Beach

[Richard.beach1508@gmail.com](mailto:Richard.beach1508@gmail.com)



## ST MARY'S CHURCH Newton Flotman

Do see the back of Partnership with details for forthcoming services and a look out for information about a special

service to start your Mothering Sunday on 27<sup>th</sup> March!

Village Café has a range of hosts this month – usual cakes and conversation with a bit more! On 5<sup>th</sup> March International Women's Day is being marked (see also the event at Swainsthorpe 1-4.30pm). The Parish Council are hosting on 19<sup>th</sup> March and NFaST are hosting one of their Memories Events on 26<sup>th</sup> March.

Work on the windows continues and we have tenders out for some more work on the roof. We hope then that that will be it for major fabric work for awhile.

**Please give if you can as we receive no central funding and are funded entirely through donations, fundraising and grants.**

**How to Give** If you are able to make a donation towards the maintenance of the church building please do consider making a regular donation: to Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'. To give regularly why not become a 'Friend of St Mary's'- contact Kirsten Remer – see contacts page.

To contribute to the running costs of the church and provision of clergy please go to [DofN.org/donate](http://DofN.org/donate) to donate to our Parish Share. Please, give a regular amount if you can. Thank you



We'd particularly like to hear about your memories of how the village celebrated the Coronation and the Silver Jubilee in 1977 to provide us with information for our planned exhibition for the Platinum Jubilee weekend.

**The visit to the site of Blundeville Manor on the Shotesham Estate takes place on 13<sup>th</sup> March (please note the date change)** meet in the A140 layby 2pm for a 2.15pm start. The visit will be led by Stephen Heywood with kind permission of Edward Bailey. Numbers are limited so please get in touch if you would like to join us [kirstenremer@gmail.com](mailto:kirstenremer@gmail.com)

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# Newton Flotman Village Cinema



## THE COURIER



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Advance Tickets: £5.00



## Social Club Trial At The Village Centre



You told the Parish Council in the market research programme they undertook last summer that you wanted to have a social club in Newton Flotman. As the Village Centre Committee runs the Village Centre, we are taking up this request and will be holding a trial social club on Tuesday 8th March from 7.30pm

to 10.00pm. We want to find out from you what type of social club you want to have. Do you want a sports bar with sky tv and sports playing constantly while the social club is open? Or do you want somewhere to have a quiet drink with your family and/or friends while your children play on the play equipment?

On 8th March we will have the discussion, so we want you to come and give us your views. We also want to know if you would be happy to help run the social club. The committee membership is small now so we will need assistance to turn the idea of running a social club into a reality.

The first twenty minutes of the evening will be the annual general meeting for the Village Centre. We must legally conduct this meeting to report on the activities over the last year and elect the committee members. Do come along especially if you want to help to run the Village Centre, as without your support and a larger committee, we will not be able to organise events such as a village fete. We look forward to seeing you on 8th March.

## Drainage Issues on Village Centre Site - Support Needed

The Newton Flotman Village Centre and Playing Field Committee is trying to sort out the drainage problem with the ditch along the side of the roadway into the Village Centre which, in the recent past, has filled up and then flooded the car park and path down to the top of Alan Avenue. We also want to install drainage into the playing area to the east of the Village Centre near the play equipment which is often a quagmire in the winter after heavy rainfall.

To enable us to hire contractors to do the work, we are going to apply for funding from the Mick George Community Fund. The main criteria they use to assess an application are:

- The level of community support for and involvement in the project
- The local community benefit and enjoyment which will result from the project.

You can help us by sending an email to:



We are hoping to get the Village Hall open safely again soon



**Film Night**  
**Tuesday March 15th 7.30 pm**  
Contact William Ball for details.  
01508471506 or William.ball@outlook.com



**SOCIAL CLUB**



**PUT THIS ON YOUR CALENDAR!**



**AGM**  
ANNUAL GENERAL MEETING

**Social Club Night**  
**Tuesday March 8th 7.30 pm.**  
We are trialing this. If there is enough interest, then it could happen regularly

We will have a **brief AGM** and an opportunity to share ideas for making the best use of the village hall and playing field. . Please come along. We'd love to see you and hear your suggestions

The Village Hall and playing field is there for us all to enjoy. Let's use it!

## Free Ads

**YOUR FREE ADS HERE** contact caroline@uv6.com

**VAX GLIDE** Hard Floor Cleaner complete with battery and cleaning fluid. Used once as not suitable for laminate flooring. £120 Contact Mckibbin 01508 470766

## Business Ads

## Cosy Cuts Grooming

Professional Grooming for dogs & cats



All breeds welcome, C&G qualified  
Over 20years experience  
3 Kingsway  
Saxlingham Thorpe  
NR151UA

**Magy Cassidy** 

fully licensed & insured  
07703 051633 or 01508 470954  
cosycutsgroomingservices@gmail.com  
Instagram; cosy\_cuts\_grooming\_services



## Norfolk County Council Mobile Library Service



You may have noticed that the Mobile Library Service is back up and running after the disruption caused by lock-downs. The bus route covering Newton Flotman and Swainsthorpe is Route number: CEN31, which calls on Wednesdays, normally every 28 days. This month the planned date is 2nd March. The timetable is as follows:

| Stop number | Village        | Arrival time | Departure time | Stop name   | Postcode |
|-------------|----------------|--------------|----------------|-------------|----------|
| 2           | Swainsthorpe   | 09:50        | 10:05          | The Church  | NR14 8PN |
| 18          | Newton Flotman | 14:30        | 15:30          | School Road | NR15 1PR |
| 20          | Newton Flotman | 15:35        | 16:05          | Grove Dale  | NR15 1QG |
| 22          | Newton Flotman | 16:10        | 16:50          | Joy Ave     | NR15 1RD |

## LOCAL WALKS

Do you want to

- Explore our local area
- Discover the natural world
- Enjoy each other's company
- Walk at your own pace?



Our next walk is planned for

**Saturday March 19th 9.30 am**

**Phone Richard Beach 07963006091 for details and starting point, or look on the Newton Flotman Village Facebook page nearer the date.**

Walks are about 6k along footpaths and quiet roads. Sometimes there are stiles and often there is mud!

(Sorry, not suitable for buggies)

Return to Village Cafe, Newton Flotman church room for drinks and bakes @ the Village Cafe.

[admin@newtonflotmanvillagecentre.co.uk](mailto:admin@newtonflotmanvillagecentre.co.uk) expressing your support for the project and the benefits you will get from the improvement to the site drainage. This would be very much appreciated.

We would hope that, having resolved the drainage issues, we would be able to put more items on the playing area including a skate park and/or BMX track, if the Parish Council gives us their approval.

**The Friends of Newton Flotman Primary School** charity No 1072382  
[www.facebook.com/FriendsOfNewtonFlotmanPrimarySchool](https://www.facebook.com/FriendsOfNewtonFlotmanPrimarySchool)



This year the Friends of School are raising funds to send the current year 6 children to the Hippodrome Circus in Great Yarmouth as part of their end of year celebrations before they head off to high school. We also want to send all the school children to this year's Christmas Pantomime at the Norwich theatre Royal.

We are aiming to raise £3000 to cover performance seats, refreshments and transport.

This school year to date we have raised approximately £644. Our recent 'Bag2school' campaign raised £144 so a big thank you to everyone who supported this.


We will be collecting again for 'Bag2school' in the summer terms so please keep hold of any unwanted clothes, linen, bags and shoes between now and then.

We are also hoping to support the school to bring children's story authors into the school to engage the children in the awe of the written word and the world it opens up.

Finally in this edition we would like to say a huge and awesome thank you to Caroline Wolfe who has been the heart and soul of the Friends of Newton Flotman Primary school charity for over 15 years. Caroline has hung up her clipboard and leaves us with lots of inspiration to work towards in her absence. Thank you Caroline, we will all miss you being part of the team.

*Linzi Rawson  
Chair Friends of School*

[www.facebook.com/FriendsOfNewtonFlotmanPrimarySchool](https://www.facebook.com/FriendsOfNewtonFlotmanPrimarySchool)

Keeping the village in touch:  [Visit us on Facebook](https://www.facebook.com/newtonflotmanvillage/)  
[www.facebook.com/newtonflotmanvillage/](https://www.facebook.com/newtonflotmanvillage/)

*March 2022 Events at a Glance - all calendar content subject to change*

| Monday | Tuesday                                                                                                                           | Wednesday                                                               | Thurs                                        |
|--------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------|
| 28     | 1<br>Shrove Tuesday/<br>Pancake Day<br><br>Outreach Post Office at<br>Newton Flotman<br>Church Room 2-4pm                         | 2<br>Mobile library<br><br>Ash Wednesday service<br>Swainsthorpe 7.30pm | 3<br>Crafting for a<br>9.30am in the<br>room |
| 7      | 8<br>Outreach Post Office at<br>Newton Flotman<br>Church Room 2-4pm                                                               | 9                                                                       | 10                                           |
| 14     | 15<br>Outreach Post Office at<br>Newton Flotman<br>Church Room 2-4pm<br><br>Flotman at the Flicks<br>NF Village Centre<br>7.30pm  | 16                                                                      | 17                                           |
| 21     | 22<br>Outreach Post Office at<br>Newton Flotman<br>Church Room 2-4pm                                                              | 23                                                                      | 24                                           |
| 28     | 29<br>Outreach Post Office at<br>Newton Flotman<br>Church Room 2-4pm<br><br>Parish Council meeting<br>7.30pm NF Village<br>Centre | 30                                                                      | 31                                           |

Practice Manager at Long Stratton Medical Practice urging them to extend the opening hours of the surgery in Newton Flotman. A response has been received and has been published on the Parish Council's website - <https://www.newtonflotmanpc.co.uk/researchreport>

**Just so you know...**

The Parish Council continue to push for the bus stop sign outside ARTS and the light on the pedestrian refuge on the A140 to be reinstated. They are also urging the County Council to take action with regards to the van parked on Short Street.

**Find out more about what's going on**

The Parish Council post up-to-date information including police updates, road closures, and items of general interest on its Facebook page – [@NewtonFlotmanPC](https://www.facebook.com/NewtonFlotmanPC). Please like our page. If you don't do or have access to Facebook, all posts can also be found on the parish council website homepage – <https://www.newtonflotmanpc.co.uk/> along with lots more useful information about the Parish Council and the village generally. If there is anything that you would like us to circulate or any information that you think should be included on the website, please get in touch – contact details below.

**Next meeting**

The next meeting of the parish council will be held on Tuesday 29th March at 7.30pm at the Village Centre. The public are very welcome to attend parish council meetings and there is always an opportunity for you to ask questions and to have your say. Minutes of all meetings are posted on the Parish Council website - <https://www.newtonflotmanpc.co.uk/agendas-and-minutes>

**Contacting the Council**

clerk@newtonflotmanpc.co.uk | 01508 470759 | 22 Henry Preston Road, Tasburgh, NR15 1NU

*Julie King,  
Clerk to the Parish Council*

**Articles Wanted for Partnership**

Please send your contributions to the editor by email at:

**[caroline@uv6.com](mailto:caroline@uv6.com)**



For lots of local news and events look up ["https://www.facebook.com/groups/tasvalleyfamilies/"](https://www.facebook.com/groups/tasvalleyfamilies/) and "Newton Flotman Village Community" Facebook pages.

## News from Newton Flotman Parish Council

### Development of land off Alan Avenue

The Parish Council met on 18th January to consider the application and agreed to recommend that the application be refused. It is now with South Norfolk Council, as the planning authority to determine. The planning application number is 2021/2784, the Parish Council's comments, along with details of the application and other comments received, can be viewed on South Norfolk Council's website

### A fond farewell...

Two of the Council's longest standing councillors have stepped back from the Parish Council. At the last Parish Council meeting the chairman expressed thanks, on behalf of the Parish Council and the community, for the work undertaken by Bob McKelvey and Bob Kelf during their more than 30 years in office, adding that they would be sorely missed.

If you would be interested in becoming a Councillor, more details can be found on the website - <https://www.newtonflotmanpc.co.uk/vacancy> or get in touch - contact details below.

### King's Green

It won't have escaped your attention that several trees have been planted on King's Green. Thanks to sponsorship from Duffield's, and assistance from the South Norfolk Tree Wardens network, these have been provided free of charge. Huge thanks to all involved in the organisation of this and those who turned out on a cold Saturday morning to do the planting. It is the intention to re-wild parts of King's Green and to introduce wild flowers. It will be interesting to see the results as the year progresses.

### Platinum Jubilee

There is a small group of people in the village working on providing events for the Queen's Platinum Jubilee celebrations at the beginning of June. If you would like to be involved, please get in touch – contact details below.

### Research Report

Following the research carried out over the summer, a report on the findings has been produced. Thanks to a grant from our District Councillor, Florence Ellis, copies of the report have been printed. The report makes very interesting reading, if you would like a copy please get in touch – contact details below.

One of the recommendations from the report was to write to the

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| day             | Friday                 | Saturday                                                                                                                                   | Sunday                                                                                                                                                               |
|-----------------|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Cause<br>church | 4                      | 5<br>Village Café 10-12<br>noon Newton Flotman<br>Church Room<br>International Women's<br>Day Event St Peter's<br>Swainsthorpe<br>1-4.30pm | 6<br>9.30am Swainsthorpe<br>Special<br>11.00am Newton<br>Flotman<br>Holy Communion<br>Happy 18th Alex!                                                               |
|                 | 11                     | 12<br>Village Café 10-12<br>noon Newton Flotman<br>Church Room                                                                             | 13<br>9.30am Swainsthorpe<br>Holy Communion<br>8am Newton Flotman<br>BCP Holy Communion<br>4pm ECO Church,<br>Newton Flotman<br>NFaSt Blundeville<br>Manor visit 2pm |
|                 | 18                     | 19<br>Village Walk 9.30pm<br>Village Café 10-12<br>noon Newton Flotman<br>Church Room hosted<br>by the Parish Council                      | 20<br>9.30am Swainsthorpe<br>Special<br>11am Newton Flotman<br>Holy Communion                                                                                        |
|                 | 25                     | 26<br>Village Café 10-12<br>noon Newton Flotman<br>Church Room and<br>NFaSt Memories event                                                 | 27<br>9.30am Mothering<br>Sunday Service<br>Swainsthorpe<br>9.30am Newton<br>Flotman Mothering<br>Sunday Service with<br>breakfast from 9am                          |
|                 | 1<br>April Fool's Day! | Place your birthday wishes,<br>event notice or activity here in<br>the calendar.<br><br>Email details to:<br>caroline@uv6.com              |                                                                                                                                                                      |

## Sleep

Over the years I've been learning about the impact our habits and behaviours can have on the quality of our sleep. Even slight adjustments can have a big impact. Much of this information can be found on Dr. Chatterjee's podcast, a big favourite of mine, or in his books.

Our bodies love routine, so having a regular sleep/wake pattern and bedtime ritual can help our bodies to get into a rhythm. Having a dark, quiet and cool bedroom can be beneficial. 16-18°C is the ideal temperature.

Being outside in daylight nice and early helps our bodies to know it's morning and 14 hours later sleepy hormones are released to help us begin to wind down towards sleep mode. One very common problem is that many of us are exposed to bright light in the evenings; our eyes drink in the light and our brains think it's daytime still and hold off on producing the sleepy hormone. Having low lighting in the evening and 60-90 minutes of screen free time before bed can be beneficial.

Caffeine is a stimulant and can be disruptive to sleep. It's said that if you drink a cup of coffee at noon, by midnight there's still 1/4 of the caffeine in your system. If my clients are struggling with sleep I always suggest they avoid caffeine in the afternoons and see if it makes a difference. For people who are more sensitive to caffeine cutting back even more could be really beneficial.

Alcohol, though it might aid relaxation, can have a detrimental effect on the quality of sleep, hindering deep sleep, so is best avoided as a asleep aid. There are some good natural remedies that can really help.

Eating foods rich in tryptophan helps our bodies to make serotonin, which is a sleep and mood enhancer. Tryptophan is found in turkey, eggs, cheese, salmon, nuts and seeds.

Having a warm bath is a lovely thing to do to relax before bed, especially if you include some products that have calming essential oils in, such as lavender. One of my favourites is the Weleda Lavender bath Milk.

Reading a book is another great way of relaxing before bed, as long as it's not too stimulating.

There are some lovely guided audio visualisations online that can help calm our minds and relax our bodies ready for sleep.

So, there are a few things you could try if you're having trouble sleeping. I hope they help.

For more wellness support visit:

<https://www.facebook.com/melaniepurdyholistictherapies/>  
[www.melaniepurdytherapies.com](http://www.melaniepurdytherapies.com)

*Melanie Purdy*

Swainsthorpe FIGS announce Dates for your Diary



**Saturday March 5<sup>th</sup> 1-4.30pm**  
**International Women's Day Celebrations**

Inspiringly fabulous women sharing their stories *plus*  
Bring & Share cake, SWISH area, book swap  
Tickets £5



**Saturday 23<sup>rd</sup> April 7pm**

**Curry night** Meat and veggie/vegan options  
£15 per ticket, includes ~~Grimble's~~ famous Onion ~~Bahji~~



**Sunday 5<sup>th</sup> June 3-6pm**  
**Queens Platinum Jubilee**

Free event on the green, family games start 3pm  
Bring your own afternoon tea

Swainsthorpe FIGS Fundraising Ideas Group for the  
Swainsthorpe Charity Trust, No: 287784



**Are you a resident of  
Swainsthorpe?**  
If yes, then join our private  
Facebook group 'Swainsthorpe's  
Facebook page'!

### St Peter's Church Community Centre

Swainsthorpe community centre is situated within St. Peter's church on Church road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access.

For enquiries please contact: Jackie Baker 01508 470415

Advertise your business in Partnership for as little as £10  
Reach over 900 households in the Newton Flotman and  
Swainsthorpe areas (plus more by word of mouth)  
Call Caroline on 01508 471238 or email [caroline@uv6.com](mailto:caroline@uv6.com)