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The Community Magazine of the Parishes of
 Newton Flotman & Swainsthorpe
 October 2024



We are very grateful for the financial support associated with the printing costs of this Parish Magazine provided by: **St Mary's Church, Newton Flotman Parish Council, Newton Flotman Village Centre and our advertisers.** Without this support, this magazine could not be distributed free of charge to every household in our villages.



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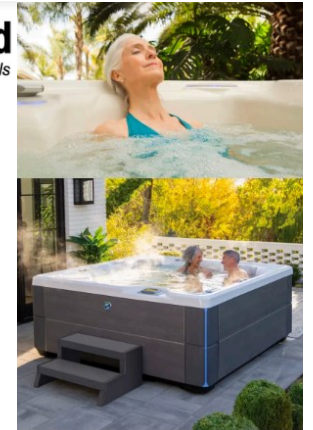
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Team Vicar's Page

Newton St Mary's church celebrated Harvest Festival this year on Sunday 22nd September. The interior of the church was attractively decorated with many colourful flower displays arranged by our church flower ladies. Prior to the morning service a Harvest Lunch was held in the Newton Village Centre on 21st September which some 40 people were present. This includes our new Curate Revd Rachel Hayden and her son Matthew.

Also on display in the church were collections of harvested food which, to suit modern-day circumstances, was mainly in the form of tins, packets, coffee and tea to enable it to be easily temporarily stored ready for later distribution to those in need when required. All this food was donated by parishioners and will be given to the Norwich Food Bank.

It is a sign of the times and must be a sad reflection on the way society is governed and managed that today, even in the so-called prosperous nation, there are people in need of the basic requirements for living.

Apart from at Harvest Festival time, donations to the food bank are welcomed at any time of the year and will be gratefully received. You can drop off items at any time at the porch of St Mary Church Newton Flotman.

So, at Harvest - but I hope every week - we give thanks and rejoice for all that God has given us, we share our gifts with those around us.

With love and prayers
Rev'd Austin Uzoigwe

Holy Communion at Home

Are you unable to get to church but would like to receive Holy Communion at home? There is a tradition in the Church of England that Holy Communion is taken to those at home who are unable to get to church because of illness or other circumstances.

Home Communion normally takes place once every four to six weeks and can be a one off or for a longer period of time. If you would like to receive Holy Communion at home or find out more, please contact me on 07722413589 and I will be happy to have a chat or arrange a visit.

Rev'd Austin Uzoigwe

St Peter's Church Community Centre

Swainsthorpe Community Centre is situated within St. Peter's Church on Church Road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well-equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access.

For enquiries please contact: Jackie Baker 01508 470415

Church Room for Hire Newton Flotman

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability.

Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

Rev'd Dawn Davidson (Team Rector),
dawndavidson@btinternet.com tel: 498924 The Rectory, The Street,
Saxlingham Nethergate, NR15 1AJ

Rev'd Austin Uzoigwe (Team Vicar)
revaustinuzoigwe@aol.com Tel: 01508 470901 The New Rectory, Church
Hill, Tasburgh, Norwich, NR15 1NB

Lesley Cox (Reader) tel: 471334

Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

Kirsten Remer 01508 471580 St Mary's Newton Flotman

Susan Peters Corbett 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer
Andy Haggith - 01508 470921

How to donate: Newton Flotman Parish Church Council sort code 20-62-53
a/c 70651028 it is classed as a business account. Please reference it 'Fabric'.
To give regularly, why not become a *Friend of St Mary's?* - contact Kirsten
Remer - 01508 471580 kirstenrem@gmail.com

To contribute to the running costs of the church and provision of clergy please
go to **DofN.org/donate** to donate to our Parish Share. If you wish to leave a
legacy please visit for further details

www.churchofengland.org/our-faith/church-legacy Thank you!

Worship Events in October

St Mary's, Newton Flotman

Tuesday	1st	19:00	Welcome and Licensing of Revd Rachel Hayden - Benefice Service - Bishop Ian
Sunday	6th	11:00	Morning Worship - Austin Uzoigwe
Sunday	13th	11:00	Holy Communion - Austin Uzoigwe
Sunday	20th	11:00	Morning Worship - Lesley Cox
Sunday	27th	11:00	Morning Worship - Philip Simmons

St Peter's, Swainsthorpe

Sunday	6th	18:30	Harvest Thanksgiving - Dawn Davidson with Rachel Haden
Sunday	13th	9:30	Swainsthorpe Special - Dawn Davidson with Rachel Haden
Sunday	20th	9:30	Swainsthorpe Special - Lesley Cox
Sunday	27th	9:30	Swainsthorpe Special - Philip Simmons

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ST MARY'S CHURCH
Newton Flotman

Thank you to all who joined us for Summer Space during August. We really enjoyed the opportunity to throw open our doors (and the tower hatch!) to you all for a whole gamut of activities. The photo montage will give you a flavour of what went on! We can now confirm that yes there is a Christmas Space on 21st December!

News that broke just after the summer Partnership went to press, is that we have a new curate in the Tas Valley benefice! Rev Rachel Hayden is joining us to complete her curacy (vicar training). Her official welcoming service is on October 1st at 7pm here at St Mary's but there's a good chance you will have met her already as she has already moved into the Rectory at Newton Flotman, along with her 18yr old son Matthew.

It was lovely to welcome the families of Ezra and Odeya and Harvey who have been baptised at St Mary's recently. Thank you so much to Gavin Broad for cycling to raise funds for us and the Norfolk Churches Trust at the annual Cycle ride. I thought at one point I might need to pump up the tyres on mine!

Thank you, too, to all who contributed in any way to the Harvest Celebrations – the supper and the service. A good time was had by all, and the service gave those present a chance to reflect on God's blessings and be thankful!

We are starting to put dates in the diary for Advent and Christmas, confirmed is Wreath Making on 30th November - watch this space and Facebook posting for more information!

NFaST Newton Flotman and Saxlingham Thorpe Heritage Group – we had a 'gazebo full of memories' at the village fete – thank you so much to those who popped by and provided us with more information and photos for our archive! NFaST will be hosting Village Café on 9th November for Remembrance Weekend. There will be a chance to view the archive and weather permitting pop up the church tower. The calendar is being produced – we are accepting pre-orders (cost will be £8 with deals to be had for multiple orders!) Contact nfasthg@outlook.com (monitored weekly).



Newton Flotman Fete

On behalf of everyone involved in organising this year's fete, may I give a big thank you to everyone who came along and supported the event. It was a great success in so many ways: the weather was kind, there were lots of people and dogs there, the traders were happy and it was a financial success too. All profits will be going towards improving the facilities at the Village Hall and Playing Field. If you have any suggestions for ways to improve the fete in the future, we will be pleased to hear from you.

We have already decided that next year's fete will be on **SUNDAY 24th AUGUST 2025**. Please put a note in your diary or calendar.

We look forward to seeing you next year for another great event. With thanks again,

*William Ball
Chairman*

Litter Pick!

The next Newton Flotman Litter Pick
will be on

Saturday 5th October

Gather at 9.30 at the Church Room

Autumn Grounds Tidying at Newton Flotman Church

Please can you help for one or two hours, between 9.00am & 12noon on Saturday 2nd November 2024?

If so, kindly pop-along. William Ball & David Wharton will be there to meet you.



Partnership Deadline

The next edition of Partnership will be for November 2024. Deadline will be 14th October. Contributions by email to caroline@uv6.com or call **07855 838553**. The editor reserves the right to edit copy and print as space permits.

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What's On In Our Villages:

Newton Flotman Fete – Alan King Playing Field

Sunday 25th August - 12-4pm

Social Club - Newton Flotman Village Centre

Friday 11th Oct - Social Club evening with TATOS

Friday 25th Oct - Social Club evening with The Brunch Bar

And Halloween Disco (ticketed event)

Friday 16th August - Social Club - food TBC

Friday 8th November - Social Club evening with El's Kitchen

Friday 22nd November - Surfing Sombrero

Christmas Bingo

Friday 6th December - Race Night with The Brunch Bar

Christmas Party (ticketed event)

Youth Club - NF Village Centre

For 8 -16 year olds - Wednesdays 6-8 pm (term time)

Stay & Play - NF Village Centre

For parents/carers and preschool children

Tuesdays, 9:30am to 11am - Newton Flotman Village Centre

Cherry Tree Café

Wednesdays, 9am to 12 midday - Newton Flotman Village Centre

Village Café - Newton Flotman Church Room

Saturdays 10am - midday

Film Night - Newton Flotman Village Centre

Tuesday 15th October - Back to Black

Bar open from 7pm; Film starts at 7.30pm

Outreach Post Office - Newton Flotman Church Room

Wednesdays 9.30 - 11.30am

Crafting for a Cause

1st Weds of the month, 2 - 4pm, Newton Flotman Church Room

3rd Saturday of the month - 10-midday at Village Café

Village Walks

For more details contact Richard Beach 07963006091.

Meetings

Newton Flotman Parish Council:

Tuesday 22nd October 7:30pm - Village Centre

Tuesday 26th November 7:30pm - Village Centre

Swainsthorpe Parish Council:

Wednesday 13th November - 7.30pm - St Peter's Community Centre.

Book a space:

Community Centre St Peter's Swainsthorpe - Jackie Baker 01508 470415

Newton Flotman Village Centre - Vicky Ball 01508 471506

Newton Flotman Church Room - Caroline Wolfe 01508 471238

ARE YOU ABLE TO HELP?

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Following the success of previous repointing days', we will be undertaking further repointing on Thursday 24th, Friday 25th & Saturday 26th October (9am -12.30 each day) Expert training (and refresher training) will be given on the Thursday morning at 9am and you will need to attend at this if it is your first time. Gloves will be provided, but please bring your own safety glasses and masks if possible. If not, the church can provide these. If you are able to help and interested in learning this skill, please contact David Wharton on 07497622799 or email david.wharton1@btinternet.com



RHS

Royal Horticultural Society - The Autumn Chill Sets In

Although we had some warmer days over September, the autumn is now definitely here for real, and it feels colder. It's a beautiful time of year, with the trees changing colour.

Sometimes it may seem pointless raking, when the wind blows even more leaves onto the lawn, but just think of all the lovely leaf mould you can make! It's also time to start preparing for early frosts.

Top jobs for you this month:

- Move tender plants, including aquatic ones, into a greenhouse or conservatory. In frost-prone areas a conservatory is the ideal place for overwintering tender perennials and marginally hardy plants from the garden. Cold-sensitive plants in need of good light levels and dry, frost-free conditions will also benefit.
- Cut back perennials that have died down. Perennials are not demanding plants, but trimming them after flowering finishes in autumn helps improve their appearance and flowering. However, you can leave some stems over winter to provide homes and food for wildlife, and then trim back in spring.
- Divide herbaceous perennials. Dividing perennials regularly will ensure healthy, vigorous plants that will continue to perform year after year. It also offers the opportunity to multiply your plants.
- You can also divide established rhubarb crowns to create new plants, plant out spring cabbages, harvest apples, pears, grapes and nuts, prune climbing roses, finish collecting seeds from the garden to sow next year, mow lawns on final time and trim hedges in mild areas, and renovate old lawns or create new grass areas by laying turf.

Happy gardening!

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Newton Flotman Climate Care

Surveys Show that 7 out of 10 people are really concerned about climate change - yet all of us find it difficult to take it seriously and do something about it.



We are transitioning to a fossil fuel free world - and that's not easy. On the face of it a world free of fossil fuels will be great. Cheap wind and solar power will heat our homes and power our cars. Our well insulated houses with heat pumps will be warm in winter and cool in summer. Eating less red meat and walking more will keep us healthy. What's not to like?

Well quite a lot really. Electric cars are expensive and need charging! Heat pumps are also expensive and we like our present lifestyles with meat eating, car driving and plenty of flights! But it will get easier. Technology develops at amazing speed. Solar panels are one tenth the price they used to be. Range on electric cars has doubled from 150 to 300 miles for some models and is still increasing. Battery storage has become a feasible option to sustain our power grids. Heat pumps - already supported by a government grant - will get cheaper. They are even talking about electric aeroplanes for short haul flights!

Change is hard. It's hard to think of our countryside scattered with wind turbines, pylons or solar farms, but harder still, perhaps, to see it ravaged by floods or drought in a few years time as the world heats up

So how do we cope?

First - it's not hopeless - change is happening - and new technology is helping.

Second - let's encourage our leaders to be bold in the transition to a sustainable world

Third - be patient with the climate campaigners (like me!) who keep telling us what to do!

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Mobile Library for October

The mobile library will be visiting Newton Flotman and Swainsthorpe on Wednesday 9th October. Please note times below. The mobile library is a valuable community resource especially for those without their own transport - use it or lose it!

Village	Stop Name	Arrival Time	Departure Time	Postcode
SWAINSTHORPE	THE CHURCH	09:50	10:05	NR14 8PN
NEWTON FLOTMAN	GROVE DALE	12:00	12:20	NR15 1QG
NEWTON FLOTMAN	JOY AVE	12:45	13:05	NR15 1RD
NEWTON FLOTMAN	SCHOOL ROAD	14:20	15:30	NR15 1PR

News from Newton Flotman Parish Council

Housing development off Alan Avenue

The proposed development off Alan Avenue for 31 new houses was recently finalised at the South Norfolk Council Development Management committee meeting in July. This committee is the group that considers contentious planning applications.

This application was brought to the committee as the developers had requested that the number of affordable homes on the site be reduced from four to zero. The original application included seven affordable homes, which is below the 33% of housing recommended in the Greater Norwich Development Plan that Newton Flotman falls within.

At the committee meeting it was agreed it was acceptable for the number of affordable homes to be reduced to two, an improvement on the proposed zero but far off the 33% that should be provided. The Parish Council have been in contact with The Planning Department throughout this process and their comments have been disregarded and this has been frustrating. The Parish Council have been fortunate that District Councillor John Cook has been supportive during this time and represented the Parish Council at the committee meeting.

It is still unclear where the access points will be during the construction phase. It has been requested it is not off Alan Avenue but from the farm track off Flordon Road, however, these arrangements have yet to be confirmed by South Norfolk and Highways. The Parish Council are insisting it cannot be off Alan Avenue.

Newton Flotman Parish Council will continue to lobby the district council to provide sufficient affordable housing in any new developments to ensure the needs of local people are met. It is hoped that when the Neighbourhood Plan has been adopted this will put more pressure on South Norfolk Council to ensure where development is agreed 33% of housing is affordable.

It is expected that work on this development will begin during the autumn.

Meetings

The Parish Council meets every month (except August and December) on a Tuesday evening. Forthcoming meetings are being held on;

Tuesday 22nd October, 7:30pm, Village Centre

Tuesday 26th November 7:30pm, Village Centre

Minutes and agendas are posted on the Parish Council website:

<https://www.newtonflotmanpc.co.uk/agendas-and-minutes>

Newton Flotman Parish Council is on Facebook. Follow the Parish Council at <https://www.facebook.com/NewtonFlotmanPC>

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Maria Hutson, Clerk to the Parish Council



CHERRY TREE CAFÉ
NEWTON FLOTMAN VILLAGE CENTRE

FANCY A COFFEE OR A CUPPA?

WEDNESDAYS

CHERRY TREE CAFÉ

9-12 NEWTON FLOTMAN VILLAGE CENTRE
COME AND HAVE A DRINK & SNACK ON US

ALL WELCOME!

TOYS AVAILABLE FOR TODDLERS

WELL BEHAVED DOGS ON A LEAD ARE WELCOME TOO!

SUPPORTED BY NEWTON FLOTMAN CHARITIES AND WAVENEY FOODBANK



**NEWTON FLOTMAN OUTREACH
POST OFFICE
WEDNESDAY MORNINGS
9.30am – 11.30am
(Newton Flotman church room)**



Village Saturday Café
Church Room 10-12



**Come and join us in Newton Flotman for
home made bakes & a cup of something hot.**

Everybody welcome!

Free Ads

Free Ads in Partnership

If you have something to sell or pass on for free, or perhaps you have a 'wanted', then please consider placing a free advertisement in Partnership. Send an email to caroline@uv6.com, or call/text **07855 838553**, stating your item(s), contact details and the price you want, and Partnership will do the rest. Reduce, reuse, repurpose, recycle!



Newton Flotman Neighbourhood Plan Steering Group



The Newton Flotman Neighbourhood Plan Steering Group has been working for the last year to develop a Neighbourhood Plan for Newton Flotman. The Newton Flotman Neighbourhood Plan is a planning policy document written by the community to guide future development in the area over the next fourteen years up to 2038.

We have completed the drafting stage of the **Neighbourhood Plan** and will be, as required by law, making it **available for consultation for a six-week period starting on 21st**

October and finishing on 27th November 2024. On 21st October we will be holding a **drop-in exhibition from 3.00 – 9.00pm in the Newton Flotman Village Hall** where you will be able to read a copy of the Neighbourhood Plan and talk to the Steering Group Committee members. You will be able to leave your comments at the exhibition. Tea and coffee will be available from 3.00pm and the bar will be open from 6.00 to 9.00pm.

For the remainder of the consultation period you will be able to read a copy of the Neighbourhood Plan at the Newton Flotman Village Centre, St Mary's Church or at the Village Shop, or at www.newtonflotmanpc.co.uk.

AECOM, a consultancy that works for Neighbourhood Planning groups has developed a **Design Guidance and Codes report for Newton Flotman**. This report **identifies the design codes that anybody wanting to build or add to the properties in Newton Flotman will have to conform too.** It also provides guidance to builders and developers about the design work that will and will not be permitted in the future in the Village.

Information on the Neighbourhood Plan can be found in the Neighbourhood Plan section of the Parish Council website:

www.newtonflotmanpc.co.uk/neighbourhoodplan.

You can also view the agendas and minutes of the meetings on this website.

If you have any questions or comments, please do not hesitate to contact me at:
paulweeksnfnpsg@gmail.com.

Comment on the draft
Newton Flotman
Neighbourhood Plan



Drop-in exhibition, 3pm-9pm on Monday 21st October at Newton Flotman Village Centre

Or from 21st October to 27th November, read a copy at Newton Flotman Village Centre, St Mary's Church or at the Village Shop or at www.newtonflotmanpc.co.uk

Consultation closes for comments on 27th November 2024.

Long Stratton Medical Partnership

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY
Tel: 01508 530781

As we approach another winter, ensure you take care of your health. Those eligible for immunisations like the Influenza (Flu) and RSV would have heard from the practice and have appointments. Please contact the practice if you haven't heard and are eligible. The practice is only delivering the Covid vaccination to care home and housebound patients.

This month, I focus on communication between the hospital, the practice and patients. Many departments do copy the letter to the GP to you, the patient. This is essential, as it is a summary of the consultation in hospital and it allows you to go over it again in your own time. For us in the practice, it is extremely helpful especially if medication changes have been recommended. This can either be addition of a new medication, cessation of a medication or a dose reduction or increase in medication. If you do not hear from the practice within 2 – 3 weeks of your hospital appointment, please contact the practice through Reception or Dispensary.

In most cases the practice receives the letter in time, but occasionally there can be a delay in the appropriate clinician acting on the information either at the hospital or at the practice, due to various reasons like staff illness, shortage of staff and annual leave. The practice wants to ensure efficient and safe care and is working constantly on trying to improve services. One of the ways would be for you to contact us after a reasonable period which is usually 2 – 3 weeks after a hospital appointment. Please do not run out of your new or adjusted medication before contacting us.

Let us work together to look after your health and to help us practice in a satisfying and productive way.

Have a happy and healthy start to Winter 2024.

Dr Mini Nelson

Newton Flotman Youth Club

NF Village Centre - For 8-16 year olds

Wednesdays 6 - 8 pm (term time only)

YMCA

Here for young people
Here for communities
Here for you

YMCA | Here for young people
Here for communities
Here for you

Would you like to join a monthly Circle Dancing group?

Circle dancing's a gentle form of dancing (in a circle) to celebrate different festivals, seasons, countries and even birthdays!

The dancing would be lead by an experienced dancer, who will guide you through the various dance patterns. It is simple and uplifting.

There will not be a charge but if you wish to give a donation it would go to help the church bell fund.

It would be on a weekday.



Can you help?



The 43rd Saxlingham Nethergate Scout and Guide Group are setting up a management committee to oversee the running of their head quarters in Saxlingham Nethergate. The committee will be responsible for the building itself and will comprise representatives of the Scout and Guide leadership teams. The committee also requires a chairperson, treasurer and secretary, who are independent of the Scout and Guide Group. Could this be you?

If you think you might have a small amount of time spare to help our local Scouts and Guides community by becoming a member of the management committee, please email Chris Backhouse (Group Lead Volunteer, Scouts) on chris.backhouse@43rdSaxlingham.org.uk to find out more information about these, and other volunteer roles at the 43rd..

Part Time Work Opportunity

Support Required At Home Near Newton Flotman with food preparation, light housework and possibly other help depending on availability etc. The job requires two shifts of 1½ to 2 hours per week.

Also, if available, the candidate can provide an ad-hoc role to cover for holiday/sickness of one extra shift per week. Pay Rate: 12.25/hour and payroll is through Norfolk County Council. For more information, please phone 01508 470247.